

APPLICATION FORMAT – COOKING COMPETITIONS

Theme: “Cooking Without Fire: A Journey towards Nutritious Living”

(17th – 19th April 2026 / ITF Ground, Sri Vijaya Puram)

1. Participant Details

- Name of Participant: _____
- Address: _____
- Mobile No.: _____
- Email ID: _____

2. Competition Category (✓)

- 17.04.2026 – Refresh & Revive (Island Drinks)
- 18.04.2026 – Fruit & Vegetable Carving
- 19.04.2026 – Theme-Based Cake Decoration

3. Dish Details

- Name of Dish: _____
- Brief Description: _____
- Ingredients to be Used: _____
- Preparation Time Required: _____

Rules & Declaration

- Participants must bring their own raw materials, ingredients & utensils.
- Only “Cooking without Fire” is allowed (no heating devices).
- Report 01 hour prior to the event.
- Use of fresh, hygienic & local ingredients is encouraged.

I/We agree to abide by the competition rules.

Signature: _____

Name: _____

Date: _____

Note:

- Judging Criteria: Creativity, Taste, Presentation, Hygiene & Theme.
- Winners will be suitably awarded.
- Contact:
 - Smti. Anila Ekka, HC, DIPT – 9474217630
 - Smti. Reshma, Consultant, RD Dept. – 7063970389